PART 3

Worksheets

Download a printable version
of the worksheets at
www.tuneintarot.com/worksheets
or scan the
QR code below:

Minor Arcana Card

Card:

Suit and Element:

Numerology:

Symbols:

1-INTUITIVELY...

☐ I really like this Card ☐ This Card puzzles me ☐ This Card strikes me!

Describing the Card. On this Card, I see...

When I look at this Card, I feel...

2-READING ABOUT THIS CARD...

Traditionally, this Card speaks to...

3-SUMMARY

For me, the bright side of the Card is...

And its shadow side is...

For me, this Card means...

What I'm getting from this Card is...

Major Arcana Card

1-INTUITIVELY...

☐ I really like this Card ☐ This Card puzzles me ☐ This Card strikes me!

Describing the Card. On this Card, I see...

When I look at this Card, I feel...

2-READING ABOUT THIS CARD...

Traditionally, this Card speaks to...

3-SUMMARY

For me, the bright side of the Card is...

And its shadow side is...

For me, this Card means...

The advice this Card offers me is...

Court Card

1-INTUITIVELY...

Describing the figure on the Card. How are they positioned? What are they doing? What feeling comes through?

What do I know about the figure's Suit and rank?

What words describe this personality?

2-READING ABOUT THIS CARD...

Traditionally, this Card speaks to...

For me, the bright side of the Card is...

And its shadow side is...

For me, this Card means...

People in my life, fictional characters or celebrities that make me think of this Court Card:

Card of the Day Reading

Date: **Deck:**

Question:

Card drawn:

1- FIRST IMPRESSIONS

What's happening in the Card? What feeling comes through? What impression does this Card give me? What detail catches my attention? If I have information about the Card (suit qualities, numerology...) I write it down too.

2- CARD'S MESSAGE

In your own words, what's this Card saying relative to the question you asked?

3- END-OF-DAY REFLECTION

At the end of the day, I reflect on situations, events, or emotions that relate to the Card's message. I write them down. I also capture any new interpretation ideas the day brought me. I read the Card's traditional meaning in a book or on a trusted source on-line and take a few notes.

QUESTIONS TO ASK

GENERAL GUIDANCE:
- "What do I need to know today?"
- "What energy is present today?"
- "What wants my attention today?"

ACTION-ORIENTED:
- "What's one thing I can do today that matters?"
- "Where should I focus my energy?"
- "What strength can I lean into today?"

AWARENESS:
- "What am I not seeing clearly right now?"
- "What's asking to shift?"
- "What opportunity is available to me today?"

CHALLENGE/GROWTH:
- "What challenge might I face, and how can I meet it?"
- "What's ready to grow today?"

SUPPORT:
- "Who or what can support me today?"
- "What resources are available to me?"

LETTING GO:
- "What's ready to release?"
- "What no longer serves me?"

JOY:
- "Where will I find joy today?"
- "What deserves celebration?"

3-Card Spreads

Classic Spreads - Work for any situation

- PAST / PRESENT / FUTURE
- THE PROBLEM / THE CAUSE / THE SOLUTION
- WHERE I AM NOW / WHERE I WANT TO GO / THE PATH TO GET THERE
- MY GOAL / THE OBSTACLE / HOW TO OVERCOME IT
- MY GOAL / WHAT I'M MISSING TO SUCCEED / WHAT I CAN BUILD ON
- LEVERAGE / OBSTACLE / GUIDANCE

Relationship Spreads

- ME / THE RELATIONSHIP / MY PARTNER
- WHAT I NEED FROM THIS RELATIONSHIP / WHAT THEY NEED / WHERE THIS COULD GO
- WHAT BRINGS US TOGETHER / WHAT SEPARATES US / HOW TO DEEPEN CONNECTION
- ME / MY FAMILY / MY FRIENDS

Daily Guidance Spreads

- MORNING ENERGY / AFTERNOON ENERGY / EVENING ENERGY
- TODAY'S ENERGY / WHAT I'LL GIVE TODAY / WHAT I'LL RECEIVE
- TODAY'S ENERGY / TODAY'S SURPRISE / POTENTIAL CHALLENGE

Personal Development Spreads

- ME / LIFE PATH / CURRENT PATH
- WHO I AM NOW / WHO I'M BECOMING / WHAT SUPPORTS THIS GROWTH

- MY STRENGTH / MY GROWING EDGE / WHAT'S READY TO EMERGE
- PATTERN I'M REPEATING / WHY IT SERVED ME / WHAT'S READY TO REPLACE IT
- WHAT DRAINS ME / WHAT ENERGIZES ME / WHERE TO INVEST MY ENERGY
- STOP DOING... / START DOING... / KEEP DOING...

Medium & Long-Term Guidance Spreads

- AT THE NEW MOON / AT THE FULL MOON / NEXT MONTH
- TODAY / IN 3 MONTHS / IN 6 MONTHS
- TODAY / IN 1 YEAR / IN 3 YEARS
- WINTER / SPRING / SUMMER

Decision-Making Spreads

- IF I CHOOSE THIS / IF I CHOOSE THAT / WHAT I'M NOT SEEING
- HEART / HEAD / HIGHEST GOOD
- STAY / GO / WHAT REALLY MATTERS

Shadow Work & Integration

- WHAT'S CONSCIOUS / WHAT'S UNCONSCIOUS / WHAT'S INTEGRATING
- MY WOUND / MY GIFT / MY WORK
- THE PATTERN / WHERE IT COMES FROM / HOW TO SHIFT IT

Creative & Work Spreads

- MY VISION / WHAT'S BLOCKING IT / HOW TO MOVE FORWARD
- CURRENT ENERGY / UNTAPPED POTENTIAL / NEXT STEP
- WHAT'S WORKING / WHAT'S NOT / WHAT NEEDS ATTENTION

My Reading

Date: **Deck:**

Question:

Cards drawn and their position in the spread:

Taking in the whole picture:

Reading each card:

Making connections between cards:

Answering the question:

What I'm taking forward:
(what I'm deciding, exploring, or noticing...)

Looking back: *(impressions and insights after time has passed or something shifted in the situation explored)*